

# Project ECHO: Sunflower Health Plan Case Presentation

## Presentation Information

Series: Interagency Collaborations

Session: Case Management Resources

Name: Danielle LaBella

Date: 3/7/2024



## Patient Information

Gender:  Male  Female

Age: 13

Race:

- American Indian/Alaskan Native Asian     Native Hawaiian/Pacific Islander     Multi-racial Other  
 Black/African American     White/Caucasian     Prefer not to say

## Ethnicity:

- Hispanic/ Latino     Not Hispanic/Latino     Prefer not to say

### Strengths and Preferences (goals, motivators, preferences, Important to the individual)

- Strengths/Likes: writing letters, weighted blankets, yoga, gymnastics, dancing, listening to music, makeup, coloring, reading, completing puzzles, funny, empathetic to others when she knows something is wrong
- Independent in all activities of daily living

### Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

- DCF Custody – Foster Care for several non-consecutive years
- Multiple failed adoptions
- Multiple placement changes and living environments
- Meets criteria for Psychiatric Residential Treatment Facility (PRTF) level of care
- History of multiple psychiatric hospitalizations, both long term and short term – longest stay being 9 months
- Medication Compliant most of the time
- Suicidal ideation, suicidal attempts, and self-harm
- Homicidal ideation
- Property destruction
- Elopement in all settings
- Physical and verbal aggression
- History of auditory hallucinations
- Law enforcement involvement
- Lack of education due to placement changes and hospitalizations

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<b>Relevant Medical History</b> (Diagnosis, conditions, etc.) <ul style="list-style-type: none"> <li>• F34.81 – Disruptive mood dysregulation disorder</li> <li>• F90.2 – Attention-deficit/hyperactivity disorder, combined presentation</li> <li>• F43.10 – Posttraumatic stress disorder</li> </ul>	<b>Medication Summary</b> (Name, dose, frequency, route) <ul style="list-style-type: none"> <li>• Melatonin – 3mg – at bedtime</li> <li>• Clonidine HCL – 0.1mg – twice daily</li> <li>• Depakote ER – 250mg – at bedtime</li> <li>• Depakote ER – 500mg – twice daily</li> <li>• Fish oil – 1000mg – daily</li> <li>• Flonase – 0.05mg/actuation – daily</li> <li>• Miralax – 17gm/dose – daily</li> <li>• Zyprexa – 10mg – at bedtime</li> <li>• Zyprexa – 5mg – daily</li> </ul>
<b>Lab Summary</b> (Test, result, date, etc.) N/A	<b>Toxicology Summary</b> (Test, result, date, etc.) N/A
<b>Substance Use History</b> (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use) <ul style="list-style-type: none"> <li>• N/A – no regular substance use</li> <li>• History of overdosing</li> </ul>	
<b>Psychiatric History</b> (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.) <ul style="list-style-type: none"> <li>• Suicidal ideation, suicidal attempts, and self-harm</li> <li>• Homicidal ideation</li> <li>• Property destruction</li> <li>• elopement in all settings</li> <li>• Physical and verbal aggression</li> <li>• History of auditory hallucinations</li> <li>• Law enforcement involvement</li> <li>• Lack of education due to placement changes and hospitalizations</li> <li>• History of multiple psychiatric hospitalizations, both long term and short term – longest stay being 9 months</li> </ul>	
<b>Treatment Summary</b> (Form of treatment, engagement in treatment, date entered, voluntary, etc.) <ul style="list-style-type: none"> <li>• Individual therapy – beginning weekly but has not been consistent</li> <li>• Medication management – every 1-3 months as needed</li> <li>• Has had psychological evaluation in the last 3 years</li> <li>• Multiple psychiatric hospitalizations</li> <li>• Biological parents are not involved; adoptive parents are not involved</li> </ul> <p>Coordination with internal and external partners</p> <ul style="list-style-type: none"> <li>• PRTF staffings bi-weekly with KDADS, DCF, and Sunflower</li> <li>• Sunflower discharge planners after psychiatric hospitalizations</li> <li>• Foster care agency – weekly/bi-weekly</li> <li>• CMHC updates every 60 days</li> </ul>	
<b>Barriers to Treatment</b> <ul style="list-style-type: none"> <li>• Denied admission by all Psychiatric Residential Treatment Facilities</li> <li>• Requires 1:1 adult supervision</li> <li>• Not always having a stable placement</li> <li>• Borderline low IQ – in the 70s</li> <li>• Lack of mental health services due to placement stability</li> </ul>	