

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Foster Care
 Session: MyStrength
 Name: Kaitlyn Preheim
 Date: 4/13/2023



Patient Information

Gender: Male Female

Age: 16

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/ Latino Not Hispanic/Latino Prefer not to say

Strengths and Preferences (goals, motivators, preferences, important to the individual)

- Strengths/Likes: arts and crafts; receiving gifts/incentives; social; likes to talk to people
- Participates in Special Olympics
- Wants to reside in a family-like environment as an adult

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support)

- In Foster Care approximately 5 years
- Currently resides in group home setting; History of QRTP placements
- Does not have employment
- Currently in high school
- Attends day service while school is not in session
- Multiple mental health hospitalizations and PRTF stays
- Suicidal ideation and attempts
- Not allowed to have contact with most family members
- Medication compliant
- Multiple contacts of law enforcement needed for de-escalation (physical aggression towards others)
- Moderate ADL needs in multiple areas of life
- History of seizures but not current
- History of elopement in all settings

Relevant Medical History (Diagnosis, conditions, etc.)	Medication Summary (Name, dose, frequency, route)
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- F33.2 - Major Depressive Disorder, recurrent, severe, without psychotic features
- F70 - Intellectual Disability Disorder, moderate
- F34.8 – Disruptive Mood Dysregulation Disorder
- F43.10 Posttraumatic Stress Disorder
- F90.2 Attention-Deficit/Hyperactivity Disorder, combined presentation
- F84.0 Autism Spectrum Disorder
- Q86 Fetal Alcohol Syndrome (per history)

- Aripirazole 15mg, oral, daily
- Depakote ER 500mg ER, oral, 3 tablets @HS
- Fluticasone 50 mcg/inh nasal spray BID
- Lexapro 10mg, oral, daily
- Trazodone 100mg
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Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
N/A	N/A
Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
<ul style="list-style-type: none">• No current Substance usage• History of some tobacco usage	
Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	
<ul style="list-style-type: none">• Self-harming and suicide attempts• Physical aggression• Per our records – has had severe mental health needs for the last 10 years	
Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)	
<ul style="list-style-type: none">• Weekly Individual Therapy• Targeted Case Management through CDDO• Medication Management• Has IEP in school• Currently on IDD Waiver Waitlist• Multiple psychiatric hospitalizations• History of SED waiver and IDD waiver• History of utilization of community-based services• Has had psychological evaluation several years ago	
Barriers to Treatment	
<ul style="list-style-type: none">• Multiple psychiatric hospitalizations preventing implementation of new services• Supervised contact with all family members• No contact order with some family members• Does not feel like she is able to tell staff when she is needing crisis services but potentially able to write letter/note to them informing staff• Doesn't like to attend school	