

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Health Equity
Session: Maternal & Child Health
Name: Holly Balman
Date: 8/31/2023



Patient Information

Gender: Male Female

Age: 36

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/ Latino Not Hispanic/Latino Prefer not to say

Strengths and Preferences (goals, motivators, preferences, Important to the individual)

Member verbalizes being proud of being a mother and working to support herself and son. Member verbalizes goal is to deliver a healthy baby girl, for morning sickness to improve and maintain sobriety.

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Member resides in an apartment with her 7 y/o son, denies any concerns of domestic violence and feels safe at home, is employed full-time at a call center, completed GED, has good support from family, especially members mother, father of baby is unknown, reports it is one of two people and discussed plans to have paternity testing completed with provider, is enrolled in WIC, receives EBT SNAP benefits, has enough food, reliable phone and reliable transportation to appointments.

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Relevant Medical History (Diagnosis, conditions, etc.)	Medication Summary (Name, dose, frequency, route)
<p>Pregnant – estimated delivery date 12/24/23</p> <p>Severe Morning Sickness</p> <p>Asthma</p> <p>Obesity</p>	<p>Prenatal vitamin daily</p> <p>Proair Digihaler 108 (90 Base) mcg/act – 1 to 2 puffs every 4 hours as needed</p> <p>Promethazine 25mg 1 tab every 6 hours as needed</p> <p>Allergies: Amoxicillin – hives Aspirin - rash</p>
Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
<p>05/18/23 - Blood type: B D (Rh Type): + Antibody screen: Negative HCT/HGB: 13.6% and 41.4 g/dl MCV: 84.7 fL Platelets: 320 10³/uL PAP test: 2/10/22 Neg, (HPV -) Rubella: Immune VDRL/RPR: Nonreactive HBsAg: Negative Hep C Virus ab: 0.1 HIV: Negative 06/08/23 – Gonorrhea: Negative Genetic testing: Negative, Fragile X Syndrome Intermediate Status U/S – 05/18/23, 06/26/23 and 08/09/23 – normal but heart views were poor – to repeat U/S for heart views</p>	<p>Not available or received</p>
Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
<p>Member verbalizes history of marijuana and meth use – sober since 08/23/21. Member does not disclose when substance abuse started, reports completing substance use disorder treatment, stayed at a sober living house on a couple of occasions with her son and currently lives on her own with her son.</p>	
Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	

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Member verbalizes history of anxiety and depression since 2020, feels symptoms are currently stable, denies history of self-harming behavior or suicidal ideation, denies taking behavioral health medications or currently receiving behavioral health therapy, has seen behavioral health provider in the past and can see that provider as needed.

Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)

Second pregnancy, 1 successful birth previously. Estimated delivery date 12/24/23. History of 1 full-term delivery of 7 y/o son by Cesarean Section due to non-reassuring fetal heart tones at 40 weeks gestation, baby weighed 7 lbs. 12 oz. Currently attends prenatal visits every 4 weeks, has ultrasound scheduled next month for heart views, has severe morning sickness, was prescribed zofran without relief, medication discontinued and current prescription for Phenergan which member does not feel helps so far. Member plans to breastfeed. Per medical record weight gain during pregnancy recommended to be 11-20 lbs due to obesity. Asthma diagnosed in childhood, condition stable but is more bothersome with the severe heat, PCP follows member for asthma. Member denies having dental or vision exams in the last 12 months.

Barriers to Treatment

Time restraints - works full-time and primary caregiver of 7 y/o son.

Financial restraints - reports living paycheck to paycheck.