

**Clinical Policy: Vortioxetine (Trintellix)**

Reference Number: HIM.PA.136

Effective Date: 12.01.17

Last Review Date:

Line of Business: Health Insurance Marketplace

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

**Description**

Vortioxetine (Trintellix<sup>®</sup>) serotonin reuptake inhibitor with agonist, partial agonist, and antagonist effects at the serotonin receptors.

**FDA Approved Indication(s)**

Trintellix is indicated for the treatment of major depressive disorder.

**Policy/Criteria**

*Provider must submit documentation (which may include office chart notes and lab results) supporting that member has met all approval criteria*

**I. Initial Approval Criteria**

**A. Major Depressive Disorder** (must meet all):

1. Diagnosis of major depressive disorder;
2. Age  $\geq$  18 years;
3. Failure of a  $\geq$  8 week trial of one selective serotonin reuptake inhibitor (SSRI) at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced;
4. Failure of a  $\geq$  8 week trial of one serotonin-norepinephrine reuptake inhibitor (SNRI) at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced;
5. Dose does not exceed 20 mg (1 tablet) daily.

**Approval duration: 12 months**

**B. Other diagnoses/indications**

1. Refer to HIM.PHAR.21 if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized).

**II. Continued Therapy**

**A. Major Depressive Disorder** (must meet all):

1. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
2. Member is responding positively to therapy;
3. If request is for a dose increase, new dose does not exceed 20 mg (1 tablet) daily.

**Approval duration: 12 months**

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**B. Other diagnoses/indications (must meet 1 or 2):**

1. Currently receiving medication via Centene benefit and documentation supports positive response to therapy.  
**Approval duration: Duration of request or 12 months (whichever is less);** or
2. Refer to HIM.PA.21 if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized).

**III. Diagnoses/Indications for which coverage is NOT authorized:**

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policy – HIM.PHAR.21 or evidence of coverage documents.

**IV. Appendices/General Information**

*Appendix A: Abbreviation/Acronym Key*

FDA: Food and Drug Administration

MAO-I: monoamine oxidase inhibitor

SNRI: selective serotonin reuptake inhibitor

SSRI: serotonin-norepinephrine reuptake inhibitor

**V. References**

1. Monograph for Trintellix. Clinical Pharmacology. Accessed August 2017.  
<http://www.clinicalpharmacology-ip.com>.
2. Trinellix Prescribing information. Deerfield, IL: Takeda Pharmaceuticals America, Inc.; April 2017. Available at <https://us.trintellix.com/>. Accessed August 29, 2017.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created	09.01.17	11.17

**Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage

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decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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