

Kansas Long-Term Care Ombudsmen

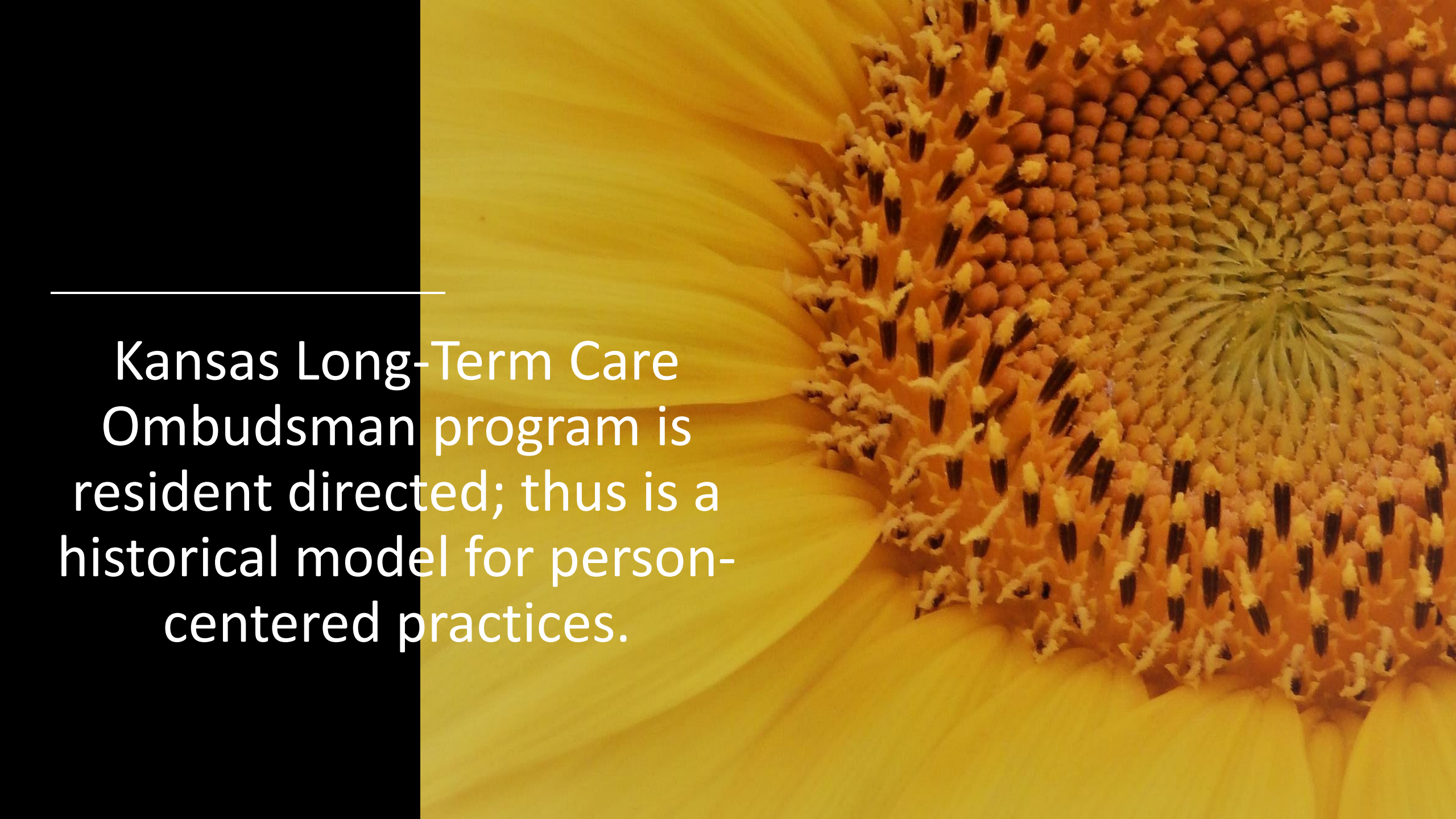


Office of Public Advocates
*Office of the State
Long-Term Care Ombudsman*

Quality of Life

Project ECHO
Sunflower Health
August 11th 2022

Camille Russell State Long Term Care Ombudsman



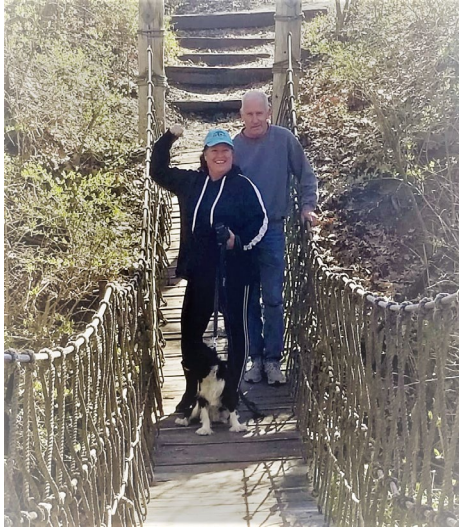
Kansas Long-Term Care
Ombudsman program is
resident directed; thus is a
historical model for person-
centered practices.

Who are Long-Term Care Ombudsmen?

Ombudsmen support residents in their right to make their own choices and have control over their daily lives.

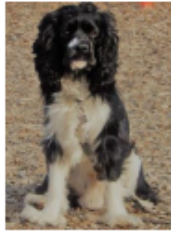


One Page Description Camille



Camille "Camie" Russell

*Human, lover of sun, water, trees, taking pictures,
kind adults & all children
Grammy, mom, wife, friend, advocate...and*



Chances' person.

People appreciate about me:

Genuine, Communicative, Tenacious, Fun Loving

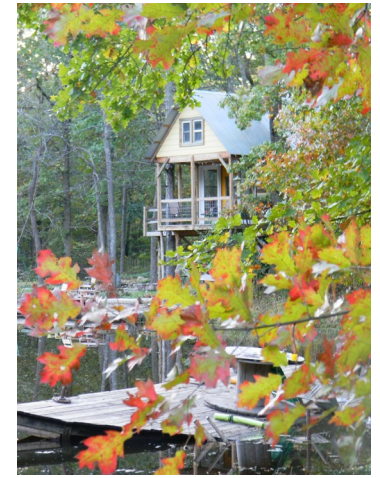
Important to me

Honesty, accountability, and open mindedness; from myself and from others.

To be knowledgeable and share big picture thinking.

Not contribute to others unhappiness. Support people in their good life.

To share positive energy and inspiration. To make a helpful difference.



Supports Needed:

To be kept informed and fully communicated with so that I can make better decisions.

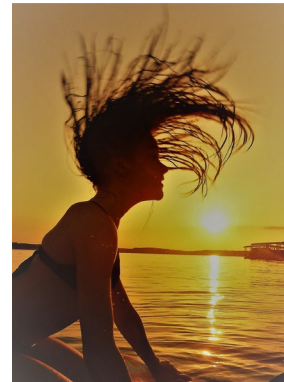
To communicate with people who will listen and share ideas and opinions in return. (Often)

Being part of a group of people approaching things with "can do attitudes" and a focus on supporting the team and its work.

Allow me to ask questions (lots of them).

Tell me directly when something is not working for you and offer thoughts what would be helpful to you to be supported in meeting program of work and personal goals.

I sometime require restated details or even better...need to see pictures or documentation to recall or retain information.



Nursing Home Regulation Requires Person Center Care



**Because what provides
for quality of life for one
individual is entirely
different for another
individual.**

42 CFR § 483.5 – Definition

Person-centered care. Person-centered care means to focus on the resident as the locus of control and support the resident in making their own choices and having control over their daily lives.

Act upon the residents wishes even when there is a guardian or other legal representative



Guardianship K.S.A. 59-3075

- “In making decisions on behalf of the ward, a guardian SHALL consider the expressed desires and personal values of the ward to the extent known to the guardian.”
- “A guardian SHALL strive to assure that the personal, civil and human rights of the ward are protected.”

Durable power of attorney.....POWERS PROHIBITED K.S.A. 58-654

- To require me, against my will, to take any action or to refrain from taking any action;
- To carry out any action I have specifically forbidden while not under any disability or incapacity.

Choice and Control is essential to Quality of Life

- Empower people with information,
- Honor strengths, relationships, and other existing resources
- Support rights including the right to access community supports available to anyone;
- Connect to technology and other desired supports;
- Creatively find paths to provide the actual support people need and request.

Listen, ask ... then act upon that person's choice.

Individuals and families access an array of integrated supports to achieve their envisioned good life. These include those that are publicly or privately funded and based upon eligibility; community supports that are available to anyone; relationship-based supports; technology; and the personal strengths and assets of the individual and their family.

<https://www.lifecoursetools.com>



Rebalancing

Important TO (life liberty happiness)

Important FOR (health and safety)

Quality of LIFE depends on it!

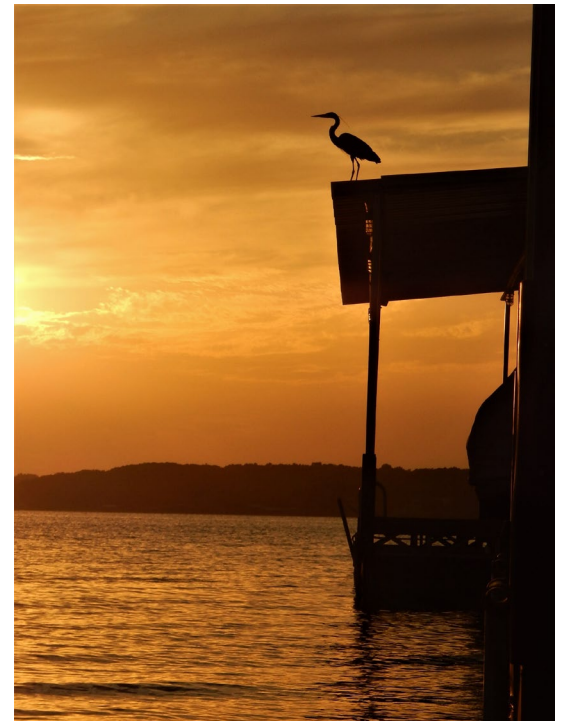
How are we determining what is important TO the person?

ARE WE ASKING THE PERSON?

What do people like and admire about the person?

What personal skills and assets do they have?

How are we using **that** information to connect and support them?



Person Centered Thinking

Important To/
Important For

<https://tlcpcp.com/>

<https://www.sdaus.com>



Core Skill

Important to:

- people to be with
- things to do
- places to go
- rituals/routines
- rhythm and pace of life
- status and control
- things to have

Important for:

- health – prevention and treatment of illness and promotion of wellness
- safety – safe environment and being free from fear
- being a valued member of the community

You are invited
Register and attend sessions to
increase person centered
practices!
FREE and open to anyone...

Our website

<https://ombudsman.ks.gov/>



There is
No Place Like Home
But "home" is not an address!
We invite you to register and join us:
July 28, 2022
2:00PM.

"Person-centered care"
Means to focus on the resident as the locus of control and support the resident in making their own choices and having control over their daily lives.



A Person Centered
Approach for Crisis
Preparedness

After registering, you will receive a
confirmation email containing information
about joining the meeting.



To the Stars
Through
Difficulty



The difficult we do today...
The impossible
takes a little longer!

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