



Social Determinants of Health Housing Support Services

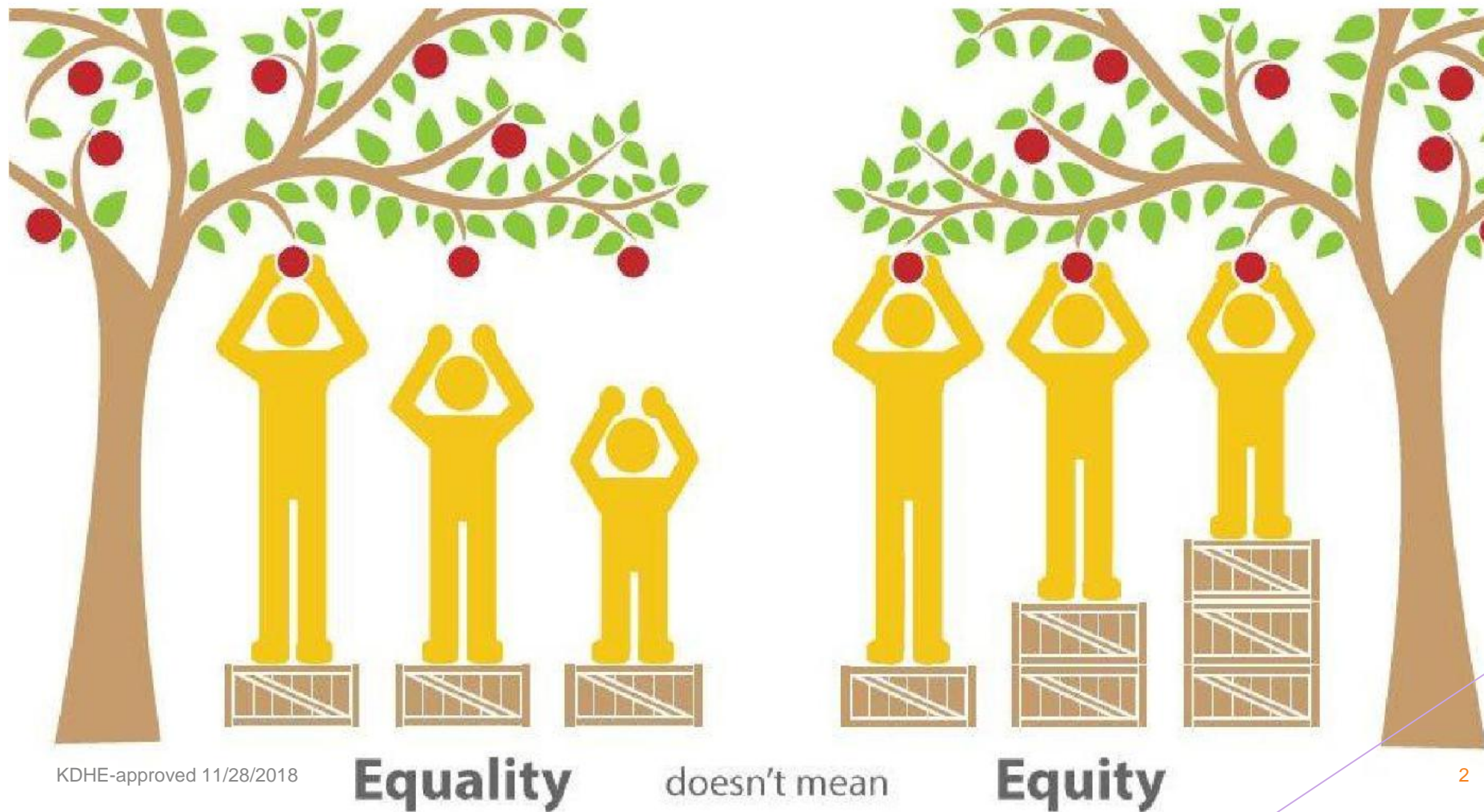
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Health Equality vs. Health Equity



KDHE-approved 11/28/2018

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Healthy People 2020

* From the Office of Disease Prevention and Health:

- * “We know that taking care of ourselves by eating well and staying active, not smoking, getting the recommended immunizations and screening tests, and seeing a doctor when we are sick all influence our health.
- * Our health is also determined, in part, by access to social and economic opportunities; the resources/supports available in our homes, neighborhoods and communities; the quality of our schooling; the safety of our workplaces; the cleanliness of our water, food and air; and the nature of our social interactions and relationships.
- * The conditions in which we live explain, in part, why some Americans are healthier than others and why Americans more generally are not as healthy as they could be.”

Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment Income Expenses Debt Medical bills Support	Housing Transportation Safety Parks Playgrounds Walkability Zip code / geography	Literacy Language Early childhood education Vocational training Higher education	Hunger Access to healthy options	Social integration Support systems Community engagement Discrimination Stress	Health coverage Provider availability Provider linguistic and cultural competency Quality of care

Health Outcomes

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations



Housing Instability

- ✱ Housing Instability can include having trouble paying rent, homelessness, doubled up, or spending a bulk of the household income toward rent. Not only does housing instability lead to economic issues, it has an impact on a person's health and make it more difficult to access health care.
- ✱ Homelessness is the most severe example of housing instability.

Impact of Housing Instability

- * Housing instability could impact a person's access health care due to paying higher housing costs.
- * Housing instability could lead to living in substandard housing which increases exposure to mold, lead, vermin, etc.
- * Housing instability could lead to living with other people and could increase stress levels and other mental health concerns and increase risk of infectious diseases.

Housing Quality

- * Housing quality refers to the quality or condition of a person's home as well as the social and physical environment in which it is located.
- * Housing quality includes the physical condition of the home as well as the safety, space per individual and air quality.

Impact of Poor Housing Quality

- * Poor housing conditions such as a damaged furnace or peeling paint can lead to exposure to carbon monoxide or lead.
- * Poor quality homes with leaky pipes or faucets could lead to exposure to mold.
- * Corroded plumbing could cause an exposure to lead and a risk of lead poisoning.

Housing Support Services

- ✱ Identifying community-based organizations and resources across the state.
- ✱ Connecting members to resources.

Identify Community-Based Resources:

- * Development of a resource directory.
- * Collaboration with local, regional and statewide stakeholders to improve housing opportunities.
- * Participation on local, regional and statewide committees to improve housing opportunities.

Connect Members to Resources:

- * Consultation with care managers, providers and members to help obtain or maintain housing.
- * Assist members with accessing community-based housing resources.
- * Dissemination of housing educational materials and trainings that will cover housing related topics including Fair Housing, tenant rights, landlord responsibilities, and tenant responsibilities.

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