

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Pathways to Prevention and Treatment for Youth
Session: Infant Toddler Services
Name: Jenny Crisswell
Date: 5/28/2026



Patient Information

Gender: Male Female

Age: 14

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/ Latino Not Hispanic/Latino Prefer not to say

Strengths and Preferences (goals, motivators, preferences, Important to the individual)

Member is a resilient individual that tries to see the positive side of things

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Currently lives in stable housing with mom and attends a local school. Father passed away 2 years ago.

Relevant Medical History (Diagnosis, conditions, etc.)	Medication Summary (Name, dose, frequency, route)
Member has Benign intracranial HTN and chronic sinusitis causing him to suffer from migraines for over 5 years. Migraines last for days causing member to miss multiple days of school. Has seen numerous specialists (Neurology and ENT) who have tried different medications with no improvement. Mother is currently being referred to vision provider to evaluate optic nerve impingement as possibility of contributing to migraines. Dentist is currently making member a mouth guard due to clenching his teeth. Member is also pre-diabetic/obesity and has been referred to Endocrinology.	Escitalopram Oxalate Tab 10 MG (Base Equiv), daily AM Fexofenadine HCl Tab 60 MG, BID Glycopyrrolate Tab 1 MG, BID Guanfacine HCl Tab ER 24HR 1 MG (Base Equiv), daily HS Viloxazine HCl Cap ER 24HR 200 MG, 2 capsules at HS Azelastine nasal spray, BID Fluticasone Propionate Nasal Susp 50 MCG/ACT, 1 spray BID both nares Metformin HCl Tab ER 24HR 500 MG, daily HS Magnesium Oxide 400mg tab, BID Omeprazole 20mg, daily Clindamycin 1% lotion; daily / PRN Tretinoin 0.05% ointment; PRN

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Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
<p>A1C – 5.6% LDL – 105 TSH- 5.809 Normal CMP Height – 5’8” Weight – 297lbs BMI – 46</p>	<p>n/a</p>
Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
<p>n/a</p>	
Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	
<p>Member also suffers from social phobia, oppositional defiant disorder and psychophysiologic insomnia that mother believes contributes to his increased migraines. Member was on SED waiver but mother removed due to being displeased with services.</p>	
Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)	
<p>n/a</p>	
Barriers to Treatment	
<p>Mother is highly frustrated with lack of improvement in son’s migraines and impatient with doctors. Has caused issues with providers in the past which limits which providers member can continue to see.</p>	