Sunflower Behavioral Health Case Management

Behavioral Health and Case Management

✳ Behavioral Health is the scientific study of the emotions, behaviors and biology relating to a person's mental well being and their ability to function in everyday life.

✳ National Association of State Mental Health Program Directors defines case management as a range of services provided to assist and support individuals in developing their skills to gain access to needed medical, behavioral health, housing, employment, social, educational, and other services essential to meeting basic human services.

Does Case Management Work?

✱ Many studies, including a study by Ziguras & Stuart: *A meta-analysis of the effectiveness of mental health case management over 20 years*, conclude that case management can improve the following:

  ✱ Emergency utilization

  ✱ Inpatient admissions

  ✱ Readmissions

  ✱ Cost savings

  ✱ Overall health improvements

  ✱ Family and patient satisfaction

Sunflower and BH Case Management

* Who are our case managers?

  * Licensed clinical counselors/ socials workers, masters- and bachelors-level counselors and socials workers.

    * Behavioral Health

    * Foster Care

    * Severally Emotional Disturbed (SED) Waiver

* Positions and roles

  * Behavioral Health Care Coordinator

  * Behavioral Health Care Manager

  * Service Coordinator

  * Service Manager

  * Program Coordinator

* Roles and functions

  * PRTF Liaison

  * PRTF Discharge planners

  * SED Case Management

  * BH Case Management

Sunflower and BH Case Management

* What do our case managers do:

  * Screening
    * Health Risk Screening

  * Assessments
    * Health Risk assessment
    * Transition of Care assessment
    * Disease specific assessment

  * Care Planning
    * SMART goals, barriers and interventions

  * Discharge planning

  * Collaboration with family and providers

  * Collaboration with RN Case managers and Utilization Managers

  * Rounds and case reviews
    * Internal rounds
    * State rounds

Questions?