

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Closing the Gap- Behavioral Health

Session: Y-Link

Name: Marisa Murray

Date: 9/4/2025



Patient Information

Gender: ☐ Male ☒ Female

Age: 17

Race:

☐ American Indian/Alaskan Native

☐ Native Hawaiian/Pacific Islander

☐ Prefer not to say

Asian

☒ White/Caucasian

☐ Black/African American

☐ Multi-racial Other

Ethnicity:

☐ Hispanic/ Latino

☒ Not Hispanic/Latino

☐ Prefer not to say

Mbr is doing well in school- has mostly all A's, hard worker, has part-time job at fast-food restaurant, advocates for herself & her needs, funny when she wants to be, caring, helpful, detail oriented.

- In 2025, Mbr moved in with current foster home.
- Verbal abuse from previous foster home.
- Mbr is waiting for independent living housing.
- Mbr still has a relationship with her mother but will not reintegrate with her.
- Mbr went to Worlds of Fun over the summer.
- Mbr works 20-27 hours/week at a fast-food restaurant.
- Mbr is a senior this year and is on target to graduate with her class.
- Mbr has several goals:
 1. Save (\$8000) for class trip to Europe.
 2. Save for a car (she has her driver's license).
 3. Obtain independent living housing.

Relevant Medical History (Diagnosis, conditions, etc.)

Mbr is allergic to dairy products & penicillin.

Medication Summary (Name, dose, frequency, route)

Sertraline HCl tab 100mg, Hydroxyzine HCl tab 25mg.

Lab Summary (Test, result, date, etc.)

No lab data to report.

Toxicology Summary (Test, result, date, etc.)

No toxicology to report.

Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety,

Nicotine Dependence in 2024.

Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)

Disruptive Mood Dysregulation, Anxiety, Depression, PTSD 2023 self-harm w/multiple pills and alcohol.

Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)

Weekly family therapy, via telehealth (mom & mbr), individual therapy, and medication mgmt.

Barriers to Treatment

No barriers to treatment. There is a barrier for transportation to and from work. The community where she lives does not provide public transportation.