

# Project ECHO: Sunflower Health Plan Case Presentation

## Presentation Information

Series: Care Coordination  
 Session: OneCare KS  
 Name: Maggie Myers  
 Date: 10/14/2021



## Patient Information

Gender:  Male  Female

Age: 52

### Race:

- American Indian/Alaskan Native Asian     Native Hawaiian/Pacific Islander     Multi-racial Other  
 Black/African American     White/Caucasian     Prefer not to say

### Ethnicity:

- Hispanic/ Latino     Not Hispanic/Latino     Prefer not to say

## Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Member is precariously housed (hotel), currently IP for medical admission pending discharge due to concerns regarding living situation. Member is her own guardian. Member is currently unemployed, no known legal history, high school education, not currently in a relationship. Limited support system. Member has an adult daughter, relationship is strained.

## Medical History (Diagnosis, conditions, etc.)

Uncontrolled DM 1  
 Non-adherence with insulin and diet  
 Chronic Back and Abdominal Pain  
 History of Hep C  
 PTSD, Anxiety

## Medication Summary (Name, dose, frequency, route)

busPIRone 10 mg tab 10 mg 1 tabs, Oral, TID  
 clonazepam 1 mg tab 1 mg 1 tabs, Oral, BID  
 heparin 5,000 units/mL injection; 1 mL 5,000 units 1 mL, SubCutaneous, q12hr  
 insulin aspart (NovoLOG) 100 units/mL vial; 10 mL 5 units 0.05 mL, SubCutaneous, TIDAC  
 insulin detemir (Levemir) 100 units/mL vial; 10 mL 10 units 0.1 mL, SubCutaneous, Bedtime (once a day)  
 melatonin 3 mg tab 9 mg 3 tabs, Oral, Bedtime (once a day)  
 metoclopramide 5 mg tab 5 mg 1 tabs, Oral, QIDACHS  
 nicotine 21 mg/24 hr patch 1 Each, TransDermal, Daily  
 pantoprazole 40 mg tab EC 40 mg 1 tabs, Oral, Daily  
 pregabalin 75 mg cap 150 mg 2 caps, Oral, TID  
 ropinirole 0.25 mg tab 0.25 mg 1 tabs, Oral, Bedtime (once a day)

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Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
<p>Lab Results Labs (Last four charted values)            WBC 7.2 (OCT 06) 10.2 (OCT 05) 8.0 (OCT 04)            Hgb L 8.5 (OCT 06) L 9.0 (OCT 05) L 10.9 (OCT 04)            Hct L 28.2 (OCT 06) L 29.7 (OCT 05) L 34.5 (OCT 04)            Plt 331 (OCT 06) 325 (OCT 05) 385 (OCT 04)            Na L 132 (OCT 07) L 135 (OCT 06) 139 (OCT 05) 137 (OCT 05)            K H 5.2 (OCT 07) 4.3 (OCT 06) 4.1 (OCT 05) 3.8 (OCT 05)            CO2 L 21 (OCT 07) L 21 (OCT 06) 24 (OCT 05) L 16 (OCT 05)            Cl 98 (OCT 07) 104 (OCT 06) 104 (OCT 05) 106 (OCT 05)            Cr 0.99 (OCT 07) 0.62 (OCT 06) 0.74 (OCT 05) 0.81 (OCT 05)            BUN H 22 (OCT 07) H 22 (OCT 06) 17 (OCT 05) 15 (OCT 05)            Glucose Random H 465 (OCT 07) H 216 (OCT 06) H 130 (OCT 05) H 259 (OCT 05)            Mg 1.8 (OCT 06) 1.8 (OCT 05) 2.5 (OCT 04)            Phos 4.1 (OCT 06) 4.4 (OCT 05) 3.0 (OCT 05) 2.7 (OCT 05)            Ca 9.2 (OCT 07) 8.7 (OCT 06) 8.9 (OCT 05) 8.9 (OCT 05)</p>	<p>Click here to insert summary</p>
Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
<p>History of drug seeking - Klonopin.</p>	
Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	
<p>Reported Post-Traumatic Stress Disorder - reports willingness to follow up with outpatient services while inpatient, but refuses once discharged.</p>	
Treatment Summary (Form of treatment, date entered, voluntary, etc.)	
<p>Refuses outpatient services. Multiple ED visits and PH admissions.</p>	

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## Barriers to Treatment

Would benefit from OCK, but does not follow through with outpatient services or other supports. Multiple IP medical admissions for poor management of diabetes.