

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Enhancing Independence for Individuals with Disabilities

Session: Utilizing Technology to Enhance Independence

Name: Deborah Rear

Date: 11/9/2023



Patient Information

Gender: Male Female

Age: 36

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/ Latino Not Hispanic/Latino Prefer not to say

Strengths and Preferences (goals, motivators, preferences, important to the individual)

- Intelligence
- Friendly
- Smart phone user
- Cat owner
- Muscle car fan
- Humorous (teases)
- Wants employment and to feel productive
- Lives in the community with support
- Wants to be around people
- Wants to be able to make his own decisions and have control.

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Individual suffered a head injury from an ATV accident as a teenager. Individual was in a coma for 7 weeks and then started rehabilitation at a hospital prior to entering Long Term Care Rehabilitation. This individual originally accessed Brain Injury (BI) HCBS waiver services and currently Physical Disability (PD) HCBS waiver services. The individual moves slowly and has some physical deficits following the accident. He has significant short term memory deficits. Previously, the individual and his mother/Guardian struggled to ensure Personal Care Services (PCS) were available in his apartment home to meet his needs. The member suffered from depression partly due to lack of much socialization. Typically, he had only 1 personal care services worker. He was mostly sitting in a chair by himself with the PCS worker "doing for him", per his mother. Through a pilot project the individual receives services for day and residential supports from an IDD provider using a combination of video monitoring and communications, in person Day services, home delivered meals, and personal care services. The individual has experienced a reduction in depression due to this service model that has incorporated many opportunities for socialization and personal control. His Guardian reports he feels much more independent and in control of his life as he does not have a worker "in his space" at all times.

Relevant Medical History (Diagnosis, conditions, etc.)

Medication Summary (Name, dose, frequency, route)

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<p>Traumatic Brain Injury (riding ATV) Stroke</p>	<table border="1"> <thead> <tr> <th data-bbox="802 119 1422 186">Medication</th> </tr> </thead> <tbody> <tr> <td data-bbox="802 186 1422 260">HCTZ/RESERP TAB 25/0.125 OR</td> </tr> <tr> <td data-bbox="802 260 1422 327">OXCARBAZEPIN TAB 300MG OR</td> </tr> <tr> <td data-bbox="802 327 1422 394">VYVANSE CAP 40MG OR</td> </tr> <tr> <td data-bbox="802 394 1422 464">ESCITALOPRAM TAB 10MG OR</td> </tr> <tr> <td data-bbox="802 464 1422 531">ATOMOXETINE CAP 80MG OR</td> </tr> <tr> <td data-bbox="802 531 1422 598">VYVANSE CAP 50MG OR</td> </tr> <tr> <td data-bbox="802 598 1422 667">LOSARTAN/HCT TAB 100-25 OR</td> </tr> <tr> <td data-bbox="802 667 1422 735">ESCITALOPRAM TAB 20MG OR</td> </tr> <tr> <td data-bbox="802 735 1422 804">BACLOFEN TAB 20MG OR</td> </tr> </tbody> </table>	Medication	HCTZ/RESERP TAB 25/0.125 OR	OXCARBAZEPIN TAB 300MG OR	VYVANSE CAP 40MG OR	ESCITALOPRAM TAB 10MG OR	ATOMOXETINE CAP 80MG OR	VYVANSE CAP 50MG OR	LOSARTAN/HCT TAB 100-25 OR	ESCITALOPRAM TAB 20MG OR	BACLOFEN TAB 20MG OR
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<p>Lab Summary (Test, result, date, etc.)</p>	<p>Toxicology Summary (Test, result, date, etc.)</p>										
<p>No applicable</p>	<p>Not applicable</p>										
<p>Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)</p>											
<p>Individual has no history of substance abuse.</p>											
<p>Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)</p>											
<p>Individual has not attempted suicide. He has been diagnosed with depression. His brain injury resulted in the effect of confabulations.</p>											
<p>Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)</p>											

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Individual sees a therapist routinely for his Behavioral Health support needs.

Barriers to Treatment

Although member feels more control still is not fond of the video monitoring.