

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Closing the Gap-Care Access

Session: Human Trafficking

Name: Deborah Rear

Date: 11/13/2025



Patient Information

Gender: Male Female

Age: 61

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/ Latino Not Hispanic/Latino Prefer not to say

Strengths and Preferences (goals, motivators, preferences, Important to the individual)

Individual describe herself as honest, a good listener, compassionate and funny. This individual lives in a small trailer with her dogs. She likes to watch the news, crochet, and play with her dogs. Her favorite people are her sons and grandbaby. Individual reports she does the best she can and likes to talk over big decision with her oldest son first, case manager, and therapist help a lot with choices.

Individual would like her home to feel safe, maybe would like a fence in the future. She would like to read more and take her pups out on a walk. She would like to be more active, maybe go bowling with her boys. She would love to see her grandbaby more. She would like to be more self-reliant, independent and to be able to drive again.

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Individual currently lives alone in a small trailer with her dogs. She has three children. She has worked a lot of different jobs. She has completed some on line college credits. She has been very involved with her church, taught children's church and participated in the choir.

History of domestic abuse. Ex-husband murdered a woman in 2019, member reports he had made threats to her from prison. He has since been released from prison after serving 23 years. No reports of contact since release. Individual reports having many hammers hidden in her home due to fear her ex-husband will harm her.

Relevant Medical History (Diagnosis, conditions, etc.)

Medication Summary (Name, dose, frequency, route)

Project ECHO: Sunflower Health Plan Case Presentation

Reporte	Diagi	Diagnosis Name	
11/04/2024	F22	DELUSIONAL DISORDERS	
11/04/2024	301.83	BORDERLINE PERSONALITY DISORDER	
10/09/2017	F31	BIPOLAR DISORDER	
03/31/2016	577.0	ACUTE PANCREATITIS	
03/31/2016	V10	PERSONAL HISTORY MALIGNANT NEOPLASM /PEDAL CY...	
03/31/2016	225.1	BENIGN NEOPLASM OF CRANIAL NERVES	
03/31/2016	M50.30	OTH CERV DISC DEGENERATION UNS CERV	
09/30/2015	401	ESSENTIAL HYPERTENSION	
07/23/2014	V79.0	SCREENING FOR DEPRESSION	
06/11/2014	278.01	MORBID OBESITY	

Type 2 diabetes 2024
 Ulcer and inflammation of esophagus w/o surgery 2024
 Cataract, w/o surgery 2023
 Carpal tunnel syndrome, w/surgery 2023
 Member had a motor vehicle accident in 2024 where she sustained L3 compression fracture. Persistent low back pain.

STOOL SOFTNR CAP 100MG OR
 TYLENOL CAP 325MG OR
 FLEXERIL TAB 5MG OR
 PERCOCET TAB 7.5-325 OR
 VICTOZA INJ 18MG/3ML SC
 CELEBREX CAP 200MG OR
 B-12 TAB 500MCG OR
 CETIRIZINE TAB 10MG OR
 VITAMIN C CHW 500MG OR
 FLUTICASONE SPR 50MCG NA

Lab Summary (Test, result, date, etc.)				Toxicology Summary (Test, result, date, etc.)
Component	7/1/24 1337	11/27/23 1141	7/21/23 1159	Click here to insert summary
Ref Range & Units				
Hemoglobin A1C	5.6	6.0 ^	5.7 ^	
<=5.6 %				
Estimated Average Glucose	114 ^	126 ^	117 ^	
65 - 100 ma/dL				

Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)
 None reported

Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)
 Individual does have behavioral health support which she is very engaged in and feels it makes a big difference in her life. They assist her with medication management and therapy.

Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)

Project ECHO: Sunflower Health Plan Case Presentation

Click here to insert summary

Barriers to Treatment

Member is very private and will not tell people where she lives. She does not like to discuss anything personal out of fear for her own safety.