

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Closing the Gap

Session: Child Abuse and Prevention

Name: Hailey Bartels & Kristin Goodfriend

Date: 11/20/2025



Patient Information

Gender: Male Female

Age: 12

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/ Latino Not Hispanic/Latino Prefer not to say

Strengths and Preferences (goals, motivators, preferences, Important to the individual)

- **Strengths:**

- Funny
- Kind
- Empathetic
- Loves to help people
- Artistic

- **What's important to me:**

- My family
- Having consistent structure and routine
- Fairness is really important to me. I have a hard time understanding that I have
- different support needs from my brothers which can be upsetting for me. I do best with a structured routine.

- **How to best support me:**

- I do best with one step directions
- I like to have choices; I do best with two choices where either choice is okay
- I want to be treated with fairness
- I don't like loud situations and may need verbal prompts to redirect and find a quieter place

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

- Member is a minor who currently lives at home with her biological mother, stepdad, and two younger brothers.
- Member transitioned back to her family home in mid-June after being discharged from a PRTF where she was receiving treatment since admitted in December 2024 due to unsafe behaviors including physical aggression and property destruction.
- In late July, members stepdad walked in on member touching her little brothers private area over his pants. This incident was reported to the necessary parties and was under investigation.
- In August, member disclosed to her therapist that her biological father had been sexually abusing her. A forensic interview and medical exam were scheduled, revealing bruising on the inner thigh, abnormal discharge, and scratching. Member does not fully understand what occurred. She has a history of behavioral health needs but had not been displaying behavioral escalations while at her father's residence.

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<p>Relevant Medical History (Diagnosis, conditions, etc.)</p> <ul style="list-style-type: none"> • Autism Spectrum Disorder • Disruptive Mood Dysregulation Disorder (DMDD) • Oppositional Defiant Disorder (ODD) • Intellectual Disability • Anxiety • Depression • Member exhibits significant behavioral needs including elopement, aggression, hygiene refusal, property destruction, and skin-picking. 	<p>Medication Summary (Name, dose, frequency, route)</p> <ul style="list-style-type: none"> • Focalin 5 MG • Focalin XR 15 MG • Naltrexone 50 MG • Cymbalta 20 MG delayed release • Melatonin 5 MG • Lexapro 20 MG • Abilify 10 MG
<p>Lab Summary (Test, result, date, etc.)</p> <p>N/A</p>	<p>Toxicology Summary (Test, result, date, etc.)</p> <p>N/A</p>
<p>Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)</p> <p>N/A</p>	
<p>Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)</p> <ul style="list-style-type: none"> • Member exhibits daily verbal aggression and tantrums / emotional outbursts via yelling, screaming, and threatening others. • Member engages in property destruction daily as evident by punching walls in her home, breaking furniture, and has history of intentionally urinating to the point mattress have been ruined. Member has destroyed mattress covers with scissors and has broken multiple TVs. • Member displays physical aggression several times a week by shoving and hitting her siblings. Member will push, headbutt, and hit her caregivers. In the past member has thrown her younger brother down a flight of stairs due to parents giving brother attention. • Member engages in daily self-injurious behaviors as she will pick at her skin to the point that a sore develops. Member will continue to do this until the sores bleeds and refers to them as her “holes”. Members nail beds will bleed due to the high frequency of her skin picking behaviors. 	
<p>Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)</p> <ul style="list-style-type: none"> • Member is engaged with her local community mental health center where she receives mental health case management, therapy, and medication management services. • Member was admitted to PRTF in December 2024 and was discharged June 2025. • Member has had multiple acute psychiatric hospitalizations with the most recent being in September 2025. 	
<p>Barriers to Treatment</p> <ul style="list-style-type: none"> • Significant trauma history • I/DD dx • Limited service availability to meet member and members family current needs 	