

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Social Determinants of Health

Session: _____

Name: Dana Fox

Date: 4/4/2022



Patient Information

Gender: Male Female

Age: 60

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/Latino Not Hispanic/Latino Prefer not to say

Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Member currently resides alone in a 1 bedroom apartment in the inner city. Member stated he cannot keep a female companion because he cannot trust them when he falls asleep. The last one took his television & his money when she left as he laid asleep in his bedroom.

Member receives Social Security Disability, LIHEAP (Low Income Energy Assistance) & SNAP (Supplemental Nutrition Assistance) food stamps monthly.

Member cannot work due to his disability. His disability is a Behavioral Health issue. Member has a Behavioral Health Manager & a Care Manager with the Health Plan & he also visits the Behavioral Health Clinic in the urban part of the state weekly.

Member has a brother that is his DPOA (for financials & health) & is his support system. His brother maintains his bills, however member is provided with a monthly allowance to spend on additional food, cigarettes, toiletries & other things he may need as creature comforts. Member is able to care for himself, however member's money is spent very quickly once it's received.

Member stated he has limited confidence in preparing full meals. He prefers easy meals such as eggs, canned goods, ready to eat, frozen meals & oatmeal. Member stated he does sell his food stamps & uses his money for cigarettes, alcohol & sometimes illegal substances. He then needs food & food resources. Health plan has delivered several food boxes to member as well as provide member with a list of local food pantries.

Member has no legal history & has attended some college. (3 years)

Medical History (Diagnosis, conditions, etc.)

Medication Summary (Name, dose, frequency, route)

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<p>Mood disorder, depressed PTSD, Anxiety Hypertension Joint degeneration (back) Atrial Fibrillation & flutter Emphysema / COPD</p>	<p>Duloxetine HCL DR 60 MG Duloxetine HCL DR 30 MG Lorazepam 1MG Tablet Gabapentim 300 MG capsule Amlodipine 5 MG Tablet Tizanidine HCL 4MG tablet Eliquis 5 MG Tablet Atenolol 50 MG Tablet Anoro Ellipta 62 5-25 MCG Inhaler</p>
<p>Lab Summary (Test, result, date, etc.)</p>	<p>Toxicology Summary (Test, result, date, etc.)</p>
<p>Date of labs below are Feb 7, 2022</p> <p>Glomerular Filtration Rate (GFR), Serum Plasma (88294-4) 35 Glomerular Filtration Rate (GFR), Serum Plasma (88293-6) 40 Alkaline Phosphatase, Serum Plasma (6768-6) 79 Erythrocyte Sedimentation Rate, Blood (4537-7) 19 Urea Nitrogen/Creatinine, Serum Plasma (3097-3) --- Urea Nitrogen (BUN), Serum Plasma (3094-0) 33 Sodium, Serum Plasma (2951-2) 142 Protein, Serum Plasma (2885-2) 6.9 Potassium (K), Serum Plasma (2823-3) 4.1 Glucose, Serum Plasma (2345-7) 75 Creatinine, Serum Plasma (2160-0) 203 Chloride, Serum Plasma (2075-0) 107 Carbon Dioxide Total (CO2), Serum Plasma (2028-9) 24 C Reactive Protein, Serum Plasma (1988-5) 8.9 Bilirubin, Serum Plasma (1975-2) 0.6 Aspartate Aminotransferase (AST), Serum Plasma (1920-8) 18 Calcium, Serum Plasma (17861-6) 9.4 Albumin/Globulin, Serum Plasma (1759-0) 1.8 Albumin, Serum Plasma (1751-7) 4.4 Alanine Aminotransferase (ALT), Blood (1742-6) 21 Globulin, Serum (10834-0) 2.5</p>	<p>Click here to insert summary</p>
<p>Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)</p>	

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History of use. Cocaine, marijuana, alcohol & cigarettes. Member has used them all since he was a teen (14) & still uses them all today. Member's longest period of sobriety was 30 days when he had entered a treatment facility in the 90's.

Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)

Member stated he believes he's had mental health issues since he was about 9 years old. Parents were in denial & never sought help. Member has been in out patient Behavioral Health treatment services since early college years. He sought help on his own. Anxiety, Depression & PTSD

Treatment Summary (Form of treatment, date entered, voluntary, etc.)

Member still attends out patient Behavioral Health services weekly in his area & takes medication as prescribed daily.

Barriers to Treatment

Members barriers are: He sells his food stamps for money, he uses his money for substances, then has no food to eat when he's hungry. Once member received food from pantries, he's not confident enough to prepare them, even if the instructions are on the label. Member prefers frozen meals & prepackaged meals which are higher in sodium. Member suffers from hypertension. Member has no transportation to purchase groceries, so he often walks to the local gas station or pharmacy to purchase groceries, which are much higher in price.