

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Autism Series

Session: KSKidsMAP

Name: Jenny Crisswell

Date: 7/30/2026



Patient Information

Gender: ☐ Male ☒ Female

Age: 5

Race:

- ☐ American Indian/Alaskan Native Asian ☐ Native Hawaiian/Pacific Islander ☐ Multi-racial Other
☐ Black/African American ☐ White/Caucasian ☒ Prefer not to say

Ethnicity:

- ☐ Hispanic/ Latino ☐ Not Hispanic/Latino ☒ Prefer not to say

Strengths and Preferences (goals, motivators, preferences, Important to the individual)

This member is highly intelligent and detail-oriented, and capable of mastering tasks easily. She has a fun loving outlook on life. Father is open to suggestions and learning about his daughter's condition to best help her.

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Currently lives in stable housing with dad and grandmother and attends a local preschool. Mother has supervised visitation every other weekend but often cancels. She had developmental evaluation in 6/2024 for autism, but provider was undecided and did not give a definitive diagnosis and was not referred to another provider for evaluation. Member has family history of autism (father's sister is autistic) and exhibits behaviors consistent with her aunt's behaviors as a child including sensory sensitivities/texture aversion; lining up toys, stimming, and emotional dysregulation when frustrated. She also has significant attachment and separation issues due to her mother abandoning her at 4 mo of age and not being a consistent figure in her life. She is often disappointed if planned visits fall through or when a visit does not go well and will developmentally regress demonstrated by needing to wear pull ups despite being potty trained. Family try to not discuss mother, or if a visit is cancelled, will plan an activity to offset her disappointment.

Relevant Medical History (Diagnosis, conditions, etc.)

Cognitive strengths include recognition of colors and shapes although she does not read yet. Member is high-functioning, intelligent, detail oriented, and capable of mastering tasks easily. Member refuses to eat solid foods and grandmother makes the member several smoothies throughout the day. Father reports that the member will spit out or start to gag with anything solid. Father reports she sleeps well at night. Wt: 37.7 lbs. Ht: 40"

Medication Summary (Name, dose, frequency, route)

Neato protein powder formula w/ vitamins
Dr Zarbees Liquid PO PRN cough/ cold
Melatonin 0.1 mg q HS PRN

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Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
Note in medical records states that CBC and ferritin were normal but not listed out	n/a
Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
n/a	
Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	
N/A	
Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)	
Father reports that he has addressed with PCP several times his wishes to treat his daughter's eating habits but keeps being told "we can do whatever you want to do about it" and not suggesting or guiding him in the direction he needs to go so he is blindly making suggestions to them on what he thinks might help his daughter. He had suggested a dietician and was told the referral was submitted but he never received a call with appointment date or time. CN suggested a speech therapy eval and called PCP office leaving a voicemail to have provider put in an order. CN sent the following to member's father via email. Autism Clinic Recorded Trainings: for behaviors, eating habits, sleep to potty training https://www.childrensmemory.org/departments-and-clinics/developmental-and-behavioral-health/autism-clinic/recorded-trainings/ Parent training ABA classes. They are done via telehealth if you are willing to learn more. Here is the link: https://oasis.ku.edu/?page_id=162	
Barriers to Treatment	
Father reports that they are simple people and lack the knowledge on how to best help the member.	