

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: September 2026

Session: Session#3- LEAP "I don't need Help"

Name: Derrick Hurst, LCSW

Date: 9/17/2026



Patient Information- Anonymous composite of multiple cases/scenarios.

Gender: ☒ Male ☐ Female

Age: 19

Race:

- ☐ American Indian/Alaskan Native Asian ☐ Native Hawaiian/Pacific Islander ☐ Multi-racial Other
☐ Black/African American ☒ White/Caucasian ☐ Prefer not to say

Ethnicity:

- ☐ Hispanic/ Latino ☒ Not Hispanic/Latino ☐ Prefer not to say

Strengths and Preferences (goals, motivators, preferences, Important to the individual)

Trust and good relationship with Grandmother. Grandmother reports he can be very sweet, loving, and caring and has recently helped take care of her after injuries from a fall.
Enjoys working when he can hold a job and is reported to be a good worker.
Motivated to save money and move out of Grandmother's house
Enjoys sports, working with his hands, and singing.
Wants to get his own apartment and live on his own.
Intelligent- completed GED program quickly and easily.

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Current Living Situation-
Lives with grandmother. Grandmother was guardian before age 18; member is now the member's own guardian however discussions have been had regarding if he will be able to continue without a specified guardian/if he needs one. Grandmother reports hesitant to be his guardian due to her age and deteriorating health.

Unemployed currently due to missing work during possible Manic episode and resulting hospitalizations. Grandmother reports member is unable to keep a job for longer than a few months but reports employers say he is a hard worker when he shows up for the most part.

Legal History- . Multiple interactions with police starting at age 10 due to aggressive behaviors and later stealing, running away, and physical aggression. Currently facing potential assault charges on LEO resulting from most recent manic episode and attempt to get to hospital.

Educational History- Multiple suspensions in Middle school/high school. Expelled senior year of high school for continued physical aggression, attacking a teacher, and threats to blow up school. Member successfully completed online GED program.

Relationships Status- Single- Per report, no significant relationships lasting longer than a month and doesn't appear interested in dating for the last few months per Grandmother report.

No children reported.

Support system- Comprised of primarily Grandmother though she reports he usually does well with friends from her Church group who have been around/a part of his life since he came to live with her. Grandmother reports this group's support has been very helpful for her.

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Trauma History- Removed from bio-mother's home at 7 years old due to allegations of physical abuse, drug usage in home, and possible sexual abuse that is unsubstantiated but likely. Temporarily lived with bio-father until removal for neglect allegations (no running water, shortage of food, dad not home etc). In foster care until the age of 11 when placed in kinship placement and eventual guardianship with Maternal Grandmother. No formal contact with Bio-parents since the age of 9 reported. Witnessed the death of his friend who was shot by rival gang member in community at the age of 16.

Relevant Medical History (Diagnosis, conditions, etc.)

Current Diagnosis-
Bipolar Mood Disorder
ADHD
PTSD
Unspecified Psychotic Disorder at Discharge from last Hospitalization
History of RAD

Pre-diabetic
No other medical issues reported.

Medication Summary (Name, dose, frequency, route)

Quetiapine 300 mg at bedtime
Atomoxetine 100 mg daily
Sertraline 150 mg daily

Lab Summary (Test, result, date, etc.)

Recent lab results from hospitalization showed normal levels but tested positive for THC.

Toxicology Summary (Test, result, date, etc.)

Recent Lab results- Positive for THC

Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)

Member reports using THC starting at age 13 or 14 and has increased to a daily user- "smokes about 1 joint most days". Member received outpatient SUD treatment at 16 but eventually d/c due to not showing up to appointments.

Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)

First Psychiatric hospitalization at the age of 14. Diagnosed with ADHD/PTSD at that time. 7-10 hospitalizations between then and current.
Previous Diagnosis- Unspecified Mood Disorder, Reactive attachment disorder.
Self-harming behaviors of head banging and punching self reported in earlier teenage years but nothing recent. Denies all SI and history of SI but Grandmother reports at times he tells her the voices in his head tell him to hurt people.

Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)

Multiple hospitalizations between the ages of 14-current. 3 hospitalizations in the last 3 months the last 2 of which have been involuntary hospitalizations. Has weekly appointments for individual therapy, case management, and monthly Medication management appointments but member reluctantly attends and often skips/no-shows.

Barriers to Treatment

Transportation- Grandmother doesn't own a car and member does not have a license.
Member anosognosia/ability to identify he has a mental health issue/diagnosis.
Member's resistance to treatment- Believes he doesn't need it.