

WCC Key Points

- Measure consists of three components:
 - Body Mass Index (BMI) Percentile
 - Nutrition Counseling/Education
 - Physical Activity Counseling/Education
- All members ages 3-17
- All three components may occur during a well visit, sick visit, or telehealth visit.

Coding Summary

WCC Component	ICD 10 Code
BMI <5th percentile	Z68.51
BMI 5th to <85th percentile	Z68.52
BMI 85th to <95th percentile	Z68.53
BMI > or = to 95th percentile	Z68.54
Nutritional Counseling	Z71.3
Physical Activity Counseling	Z71.82, Z02.5

BMI Percentile

Documentation must include height, weight, and BMI percentile during the measurement year.

Either of the following meets criteria for BMI percentile:

- BMI percentile
- BMI percentile plotted on an age-growth chart

Ranges and thresholds **do not** meet criteria for this indicator. A distinct BMI percentile is required.

Coding: To improve HEDIS scores, add the appropriate ICD-10 informational codes **Z68.51-Z68.54** below to claim:

BMI Percentile	ICD 10 Code
BMI <5th percentile	Z68.51
BMI 5th to <85th percentile	Z68.52
BMI 85th to <95th percentile	Z68.53
BMI > or = to 95th percentile	Z68.54

Nutritional Counseling

Coding: To improve HEDIS scores, add ICD-10 informational code **Z71.3** to claim.

Acceptable Documentation	Unacceptable Documentation
<ul style="list-style-type: none">• Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors)• Documentation of quality/type of diet (e.g., “diet good,” “diet regular,” “diet well balanced,” “balanced meals”)• Member/parent/guardian received educational materials on nutrition during a face-to-face visit (e.g., 5-2-1-0)• Anticipatory guidance for nutrition (e.g., 5-2-1-0)• Weight or obesity counseling (Note: Weight or obesity counseling counts for both Nutrition and Physical Activity Counseling.)• Providing referrals to food and nutrition programs if needed (e.g., WIC)• Counseling or referral for nutrition education (e.g., “counseled on healthy eating habits”)• Checklist indicating nutrition was addressed (must be marked: circled, checked, or underlined)	<ul style="list-style-type: none">• Documentation of appetite alone without discussion of nutrition factors (e.g., “appetite good,” “eats well”)• A physical exam finding or observation alone (e.g., “well nourished”)• Sending member educational material via email or directing to a website to research information on their own• Notation of “health education” or “anticipatory guidance” without specific mention of nutrition• Documentation of healthy behaviors without specific mention of nutrition (e.g., “healthy lifestyle,” “caffeine: soda approximately 16 ounces a day”)• Diet prescribed specific to an acute or chronic condition (e.g., ADA diet that was provided specifically to manage the diabetes, the BRAT diet for gastroenteritis)• Questionnaires filled out by the parent with no indication that provider discussed or reviewed• Checklist not marked in any way

Physical Activity Counseling

Coding: To improve HEDIS scores, add ICD-10 informational code **Z71.82** to claim. Sports physical code **Z02.5** may also be used. A sports physical alone does not qualify as WCV/WCC.

Acceptable Documentation	Unacceptable Documentation
<ul style="list-style-type: none">• Discussion of current physical activity behaviors like exercise routine, participation in sports activities (e.g., “no sports,” “physical activity: WNL,” “Physical activity: active, plays sports”)• A sports physical exam completed during visit• Member received educational materials on physical activity during a face-to-face visit (e.g., 5-2-1-0)• Anticipatory guidance specific to the child’s physical activity (e.g., “encourage opportunities for physical activity,” “regular exercise 3 times a week,” “exercise education,” 5-2-1-0)• Weight or obesity counseling (Note: Weight or obesity counseling counts for both Nutrition and Physical Activity Counseling.)• Counseling or referral for physical activity• Bike safety and water safety discussion with specific mention of physical activity recommendations• Checklist indicating physical activity was addressed (must be marked: circled, checked, or underlined)	<ul style="list-style-type: none">• Documentation of “plays with peers” without any other mention of physical activity• Notation of “cleared for gym class” alone without documentation of discussion• Sending member educational material via email or directing to a website to research information on their own• Notation of “health education” or “anticipatory guidance” without specific mention of physical activity• Notation solely related to screen time (computer or television) without specific mention of physical activity• Services specific to an acute or chronic condition do not meet criteria (e.g., referral to physical therapy for an injury, sports contraindicated until injury/illness is resolved)• Notation of anticipatory guidance related solely to safety (e.g., wears helmet, water safety) without specific mention of physical activity recommendations• Checklist not marked in any way