

# Project ECHO: Sunflower Health Plan Case Presentation

## Presentation Information

Series: Behavioral Health and Addiction

Session: 4

Name: Maggie Myers

Date: 3/24/2021



## Patient Information

Gender:  Male  Female

Age: 27

Race:

- American Indian/Alaskan Native Asian     Native Hawaiian/Pacific Islander     Multi-racial Other  
 Black/African American     White/Caucasian     Prefer not to say

Ethnicity:

- Hispanic/ Latino     Not Hispanic/Latino     Prefer not to say

## Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Member is a 24 year old male, single, no children. Member alternates between living at home with parents and living with friends when he is using. Member has conflict with parents regarding his use. Member dropped out of college when he was a junior due to his drug use and poor grades. Member is currently unemployed with no previous work history. Member has no reported legal history. Member is a high school graduate. Member has a girlfriend with whom he has an on and off relationship.

## Medical History (Diagnosis, conditions, etc.)

Major Depressive Disorder, Other Psychoactive Substance Abuse.

## Medication Summary (Name, dose, frequency, route)

None currently.

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<b>Lab Summary</b> (Test, result, date, etc.)	<b>Toxicology Summary</b> (Test, result, date, etc.)
Not available.	Not available.
<b>Substance Use History</b> (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
<p>Member reportedly began use of marijuana and alcohol in high school, he describes at a recreational level. Member's use of heroin began in college and continued to escalate. Member went into residential SUDS treatment when he was in his early 20s at his parent's insistence when he dropped out of college. Member was abstinent from all substances for over a year post-discharge due to MAT (Suboxone) treatment, NA, AA, and outpatient therapy.</p> <p>Within the past 4 months, member has resumed use of alcohol, marijuana, and heroin and has discontinued all outpatient treatment. Around that time the member had a fight with his parents about getting job and started living with his girlfriend, who also uses.</p>	
<b>Psychiatric History</b> (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	
<p>Member has taken Escitalopram 20 mg for treatment of depression in the past. Member discontinued the medication along with all forms of outpatient treatment four months ago.</p>	
<b>Treatment Summary</b> (Form of treatment, date entered, voluntary, etc.)	
<p>Member went into residential SUDS treatment when he was in his early 20s at his parent's insistence when he dropped out of college. Member was abstinent from all substances post-discharge due to MAT (Suboxone) treatment, NA, AA, and outpatient therapy.</p> <p>Within the past 4 months, member has resumed use of alcohol, marijuana, and heroin and has discontinued all outpatient treatment. Around that time the member had a fight with his parents about getting job and started living with his girlfriend, who uses heroin.</p>	
<b>Barriers to Treatment</b>	
<p>Member is living with a girlfriend who is currently using. Member is not willing to engage in treatment.</p>	

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