HEALTHY FOODS WORD FIND

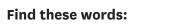


Find and circle the words that are hidden in the puzzle below. When you circle a word, think about the foods you eat every day. And think about how you can eat healthy foods!

Ε S E S N S Т Ε G В R Ε S R Α G S R N S Ε R S R E M E E S Т Т Ν Ε Ε Ε П М Α Α Т 0 U F S Ε Ε В U U S K Ε S Н R L G Т E S R Т S Н Т Ε Ε Т Ε М R U S Ε S U S M S Ε Ε Ε G Ε U S F Ε G S Ε 0 W R







- ☐ CFRFAI ☐ RICE ☐ BREADS ☐ VEGETABLES ☐ FRUITS
- ☐ PASTA

- ☐ MILK
- ☐ YOGURT

- ☐ CHEESE
- MEAT
- ☐ POULTRY ☐ FISH

- ☐ BEANS
- ☐ EGGS
- NUTS ☐ FATS

- OILS
- **□** SWEETS

